

## **Mission Ready Package (MRP) - Colorado Acupuncture MRC**

The Colorado Acupuncture Medical Reserve Corps (MRC) offers specialized services to support disaster recovery and community resilience through evidence-based acupuncture practices. The Mission Ready Package (MRP) provides a comprehensive outline of capabilities, personnel, and resources available for deployment.

### **Key Components of the Colorado Acupuncture MRC MRP:**

#### **1. Service Capabilities:**

- Acupuncture for stress reduction, pain management, and trauma recovery.
- NADA (National Acupuncture Detoxification Association)-certified protocols for disaster response settings.
- Group acupuncture sessions to serve multiple clients efficiently.

#### **2. Personnel:**

- Licensed acupuncturists trained in emergency response and trauma-informed care.
- Support staff to facilitate logistics and ensure operational efficiency.

#### **3. Deployment Scenarios:**

- Disaster recovery centers.
- Shelters or evacuation sites.
- Health and wellness support for first responders and community members during emergencies.

#### **4. Resources:**

- Portable acupuncture kits, including sterile needles, alcohol swabs, and ear seeds.
- Privacy screens and mats for mobile operations.
- Educational materials to inform recipients about acupuncture benefits.

#### **5. Training and Preparedness:**

- Regular participation in local, state, and national exercises.
- Ongoing education in culturally competent care and disaster response.

### **How This MRP Benefits Communities:**

By integrating acupuncture services into disaster response, the Colorado Acupuncture MRC reduces physical and emotional distress, promoting quicker recovery for affected individuals. The MRP ensures rapid mobilization and consistent, high-quality care tailored to the unique challenges of each deployment.

**Join or Learn More:**

Are you a licensed acupuncturist passionate about community service? The Colorado Acupuncture MRC welcomes new members to expand its capacity and impact. Apply here:

<https://forms.gle/XLnjBYapCprWVMEF7>